

Build stronger teams, one quarter at a time.

Light touch. High impact.

Teambuilding with Purpose is a highly interactive programme designed to help teams strengthen Teamwork, Communication Trust and Collaboration through fun, purposeful games and skilled facilitation. It is built as a light-touch, high-impact offer: four half-day sessions across the year, giving teams regular opportunities to reconnect, reflect, and improve how they work together.

Why this works

A single 'away day' can be enjoyable, but its impact often fades quickly. A quarterly format creates the space for teams to build momentum over time, practise new ways of working, and return to familiar themes with fresh insight.

Each session uses engaging activities and facilitated reflection to help participants:

- Reflect on how the team works under pressure, change, and challenge
- Communicate more clearly and effectively
- Build stronger, trusting relationships
- Explore collaboration

Ideal for

- Teams that want more than a 'one-off' team day
- Organisations investing in culture, trust, and better cross-team working
- Managers who want regular, meaningful team development with minimal disruption
- Businesses looking for a practical and enjoyable way to strengthen team performance over time.
- Teams who are interested in a 'little and often' approach to building team spirit whilst developing new skills.



The offer

Companies sign their teams up for 4 x half-day sessions per year, delivered quarterly.

This creates a practical rhythm for team development without taking too much time out of the business.

Pricing

- £130 (ex. Vat) per person, per session
- Minimum cohort size: 10
- Full programme price: £520 (ex. Vat) per person

Delivery options

Sessions can be delivered on-site (at the customer venue) or off-site, depending on what works best for the team and the intended experience.

...Where stronger teams are built and great experiences begin.



Sessions

Each session is made up of active group discussion, learning and participation in games and teambuilding activities, which have been especially selected to encourage fun and learning.

Topics we explore:

1. Understanding self and others

- Personalities/Communication styles
- Team roles
- Learning to communicate through differences
- Emotional Intelligence



2. Communication

- Listening and questioning
- Communication under pressure
- Habits (good and bad)
- Communication context



3. Trust

- How trust impacts PTCR
- 13 behaviours of building trust
- Vulnerability-based trust
- Evidence-based trust



4. Collaboration

- The Mindset of collaboration
- What does it look like 'in practice'
- Blockers and challenges
- The role of leadership



To book your Teambuilding with Purpose programmes, please contact:

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